

## **BREAKFAST & SNACKS**

### **BLT £3.00**

Locally sourced bacon, crisp lettuce and tomato served as a traditional sandwich.

### **BACON BUTTIE £2.25**

On white, wholemeal or granary bread.

### **BACON STOTTIE £2.70**

### **POTATO WEDGES £2.00**

### **CURLY FRIES £2.00**

### **NACHOS £3.50**

Tortilla chips layered with cheese and salsa, topped with sour cream and jalapeno chilli peppers.

Optional extra (£1.50 extra):  
home made vegi or beef chilli.

### **GARLIC BREAD £2.00**

### **GARLIC BREAD AND CHEESE £2.50**

### **HOMEMADE BREAD £1.00**

A mini loaf of freshly baked wholemeal bread.

## **HOMEMADE CAKES & SCONES**

### **CAKES £1.75 per slice**

Choose from any of our cakes on display.

### **CARAMEL SHORTBREAD £1.50**

### **SCONES £1.20 each**

Cheese or fruit.

## **LUNCH**

### **HOMEMADE SOUP OF THE DAY £2.50**

Served with freshly baked bread.  
Please see our specials board for today's soup.

### **SANDWICH £2.65**

Choose from the following fillings on white, granary or wholemeal bread:

- Tuna mayonnaise
- Egg and cress
- Ham and red onion marmalade
- Cheese savoury
- Prawns in Marie Rose sauce (60p extra)

### **HOMEMADE QUICHE OF THE DAY £4.00**

Please see our specials board for today's quiche.  
Served with a side salad.

### **TORTILLA WRAPS £4.00**

Filled with your choice of the following:

- Fresh breadcrumb chicken with lettuce and caesar dressing
- Fresh breadcrumb chicken with barbeque sauce and lettuce
- Tuna mayonnaise, pepper and red onion
- Spicy roasted vegetables, houmous and yoghurt
- Falafel, houmous, grated carrot and lettuce

### **CIABATTAS AND PANINIS £4.00**

Choose from a warm ciabatta or panini of your choice:

- Ham, mature cheddar and red onion marmalade
- Bacon and brie
- Roasted vegetable and mozzarella
- Tuna melt
- Goats cheese, roasted vegetables and olives
- Mozzarella, tomato and pesto

### **OVEN BAKED JACKET POTATO**

Add your choice of filling:

- Tuna mayonnaise **£3.85**
- Bacon and brie **£3.85**
- Cheese and coleslaw **£3.85**
- Homemade vegetable or beef chilli with cheese **£4.35**
- Cheese and beans **£3.85**
- Prawns in a Marie Rose sauce **£4.70**

## **HOT DRINKS**

We serve Lavazza coffee – 'the best in town'. We will be happy to make your choice of coffee decaffeinated. Please let us know if you prefer skimmed milk.

We also serve fair trade coffee as an alternative to Lavazza – 30p extra per cup.

### **AMERICANO £1.40**

A double shot of espresso topped with hot water and served black or with milk.

### **ESPRESSO**

Single **£1.20**

Double **£1.40**

### **CAPPUCCINO £1.75**

A double shot of espresso topped with frothy milk.

### **LATTE £1.65**

The ultimate milky coffee.  
Add flavoured syrup for 35p extra.

### **MOCHA £2.00**

A delicious combination of 'Suchards' chocolate and coffee.

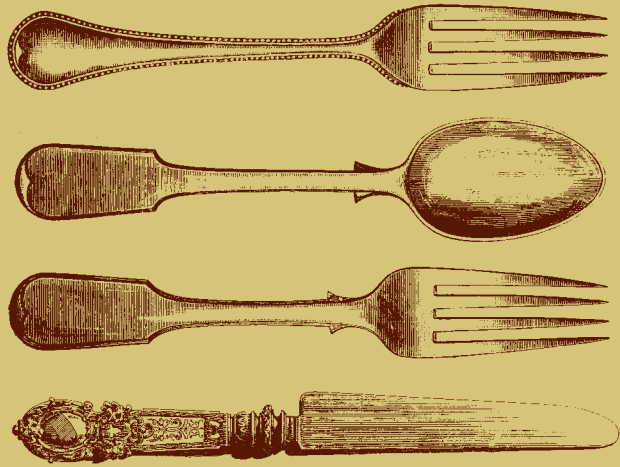
### **HOT CHOCOLATE £1.75**

With marshmallows and/or cream **£2.25**

### **TEA (FAIR TRADE) £1.00**

Traditional, Earl Grey or choose from a range of fruit and herbal teas.

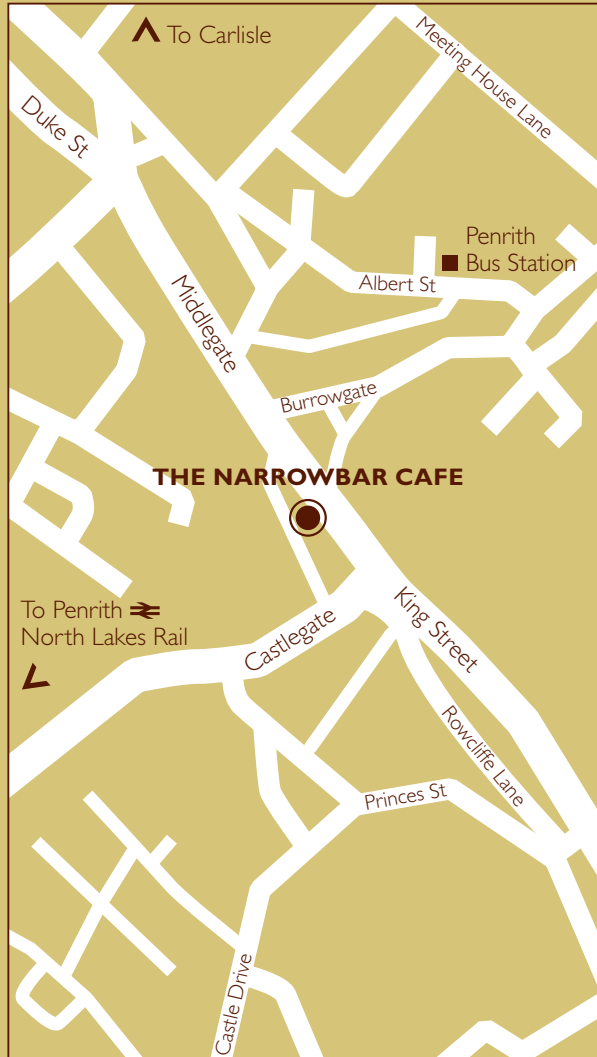
To order call **01768 891417**



**THE NARROWBAR CAFE**

13 Devonshire Street  
Penrith, Cumbria CA11 7SR

Open Monday - Saturday  
9.30 am to 5.00 pm



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**TAKE AWAY MENU**

Home made lunches and snacks  
Freshly baked cakes and scones

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